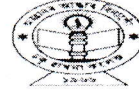


Office of the principal
DHAKUAKHANA COLLEGE

DHAKUAKHANA-787055
(Reaccredited with 'B' grade by NAAC)

Website: www.dhakuakhanacollege.ac.in
E-mail: principaldhakuakhanacollege@gmail.com



Ph. No. 03752 254734
M. No. 9401120216

Ref. No *DCC/IOAC/MOU/2022/117*

Date: 03/03/2022

MEMORANDUM OF UNDERSTANDING (MOU)

**TITLE: COLLABORATION BETWEEN DHAKUAKHANA COLLEGE AND DHAKUAKHANA
TAEKWONDO ASSOCIATION**

The parties:

1. The Principal, **Dhakuakhana College**
P.O Dhakuakhana, Lakhimpur, Assam
2. The President/Secretary, **Dhakuakhana Taekwondo Academy**
P.O Dhakuakhana, Lakhimpur, Assam

PREFACE:

Over the past three decades, it has been noticed that there is a strong relationship among physical fitness, physical activity, and cognition. The majority of these reviews have focused on the relationship between academic performance and physical fitness—a physiological trait commonly defined in terms of cardiorespiratory capacity. Although academic performance stems from a complex interaction between intellect and contextual variables, health is a vital moderating factor in a student's ability to learn. The idea that healthy children learn better is empirically supported and well accepted and multiple studies have confirmed that health benefits are associated with physical activity, including cardiovascular and muscular fitness, bone health, psychosocial outcomes, and cognitive and brain health. One of the main objectives of higher education is to provide all round development of students such as mind, body and spirit and make them responsible citizens for the development of our society.

From the time immemorial, status of women is prone to atrocities in many societies in India. Women have been traditionally considered as victims to male prejudice and aggression. But extension of education among girls has strengthened their resolve to protest against such contemptuous attitude and act of violence of their male counterparts. This has again opened the possibility of new threats to those women inside and outside home.

At this backdrop the school and college going girl students are the worst sufferers and they have every chance of being affected. Sometimes, the girls have to travel a long way to reach college either on foot or by bicycle, sometimes even alone. The parents habitually stoop to this apprehension and restrain the girl children to attend schools or college regularly. Herein lies chances of drop outs among the girls.

Keeping the above premises in mind, the Dhakuakhana College collaborates with Dhakuakhana Taekwondo Academy so that they can build up in themselves certain self-defence skills including life skill for self- protection and self-development.

BACKGROUND OF THE PARTIES:

Dhakuakhana College in the District of Lakhimpur, Assam (India) was established in 1966 by way of public donations. It envisages social transformation through higher education and community reach out programs. The History of the college is a reflection of keen and earnest desire of the people of Dhakuakhana where most of the inhabitants belong to the underprivileged sections of the society viz. the Scheduled Tribes, Scheduled Castes and Other backward classes. The college is affiliated to the Dibrugarh University, Dibrugarh and recognized by the UGC under sections 2(f) and 12(B).

The institution believes in establishing new courses, programmes to equip students in the changing scenario. The college organizes various community reach out programs through its NSS Unit and other forums and collaborates with NGOs and civic forums. It aims to introduce courses on self-defence for girl students and keenly look forward to partner with the taekwondo academy.

DHAKUAKHANA TAEKWONDO ACADEMY:

Dhakuakhana Taekwondo Academy is a registered academy under the Lakhimpur District Taekwondo Academy and affiliated to Assam Taekwondo Association with Regd. No. NLP/257/G/39. The academy commenced its journey in 2001 and produced lots of national players. Besides, the academy has achieved Gold medal in National Games, Bronze medal in 5th Commonwealth Championship. They had also good number of representatives in Asian Games, 2014.

OBJECTIVES OF MOU:

This MOU is intended

1. To equip the girls with some life skills and defence skills so that they can avert any kind of untoward situation.
2. To spread a message to the violence-maker that girls are ready for counter-defence and awareness is being developed among the girls in this regard.
3. To reduce irregular attendance of girl students.
4. To better balance of Mind and Body.
5. To make aware about Self-discipline.
6. To help to develop a Positive Potential.

This MOU is signed between Dhakuakhana Taekwondo Academy and Dhakuakhana College for the academic year 2022-25 for the following deliverables:

Deliverables from the Dhakuakhana Taekwondo Academy:

1. Collaborate in organising activities relating self-defence and physical exercise.
2. Help college to promote the concept of Mind, Body and Soul.
3. Help the girl students from violence and make them physically fit.

Deliverables from the Dhakuakhana College:

1. College will provide platform for promotion and create awareness about self-defence among girl students.
2. Encourage to participate in the programme organised by Taekwondo Academy.

MODE OF OPERATION:

Both the parties will provide necessary support for effective implementation of this MOU within the institutional rules and regulations.

Functionaries:

The activities under this MOU shall be coordinated, monitored and recorded by an internal coordination committee. President of the Academy and Principal of the college shall be the internal coordinator for smooth running of the collaborative activities.

Responsibilities:

The two parties recognised that the implementation of any agreed upon activity will depend upon the interest and expertise of the individuals involved and the availability of financial resources, space and other resources. Any financial commitment for the joint activities under this MOU shall be subject to the approval by the competent authorities of the respective organisations.

DURATION AND OPTION FOR EXTENSION:


The MoU will become effective when signed by both parties. The agreement will remain in force for three years from the date of signature provided below. It may be renewed or amended by mutual agreement of the parties.

DECLARATION:

The provisions cited in the above MoU are thoroughly discussed and reached at the consensus that both the organizations will follow the provisions and implement the same by heart and soul.

AUTHORISED SIGNATURES:

By the signatures of their respective and duly authorised officials below both parties acknowledge of having read and understood the agreement and agree to be bound by its terms and conditions.



**Principal
Dhakuakhana College
Dhakuakhana**

**Principal
Dhakuakhana College
Dhakuakhana**



**President
Dhakuakhana Taekwondo Academy
Dhakuakhana**

**President,
Dhakuakhana Taekwondo Academy
Dhakuakhana-787055**

Place: Dhakuakhana

Date: 03/03/2022